



As a naturally gifted, professionally trained designer, Seer and energy worker, I help individuals and businesses discover and eliminate the energetic blocks holding them back from the successes in life they desire.

### Skillset

Intuitive Business and individual Seer and energy sessions  
Designer Intuitive brand consulting and art directing  
Facilitator Business and individual intuitive energy classes and talks

### Experience

#### Owner/Designer/Intuitive Branding Director

##### ASB Design Inc. 1990 to Present

Design, and manage branding and rebranding for companies and individuals. Intuitive brand and advertising consulting, copywriting, video editing, website coordination design and build and social media marketing. Client relationship retention and expansion. Coordination of multiple freelancers, printers and agencies.

#### Intuitive Business Advisor/Personal Intuitive

##### Antonine B! 2003 to Present

Business and personal intuitive coaching, vibration realignment and energy clearing. Creator and instructor of intuitive, healing, self empowerment, stress reduction and Hatha Yoga classes and workshops for groups, individuals and companies. Training and attunement facilitator for various modalities.

#### Designer/Partner

##### LTS Results, LLC 2014-2017

Created client branding/logos and print materials, event planning, site coordination and event implementation, custom donor signage design, artwork and printer coordination. Marketing, website design and maintenance.

#### Publications Specialist

##### University of California Davis, Medical Center 1988-1990

Designed print materials, advertising and signage, created original illustrations and logos, coordinated graphic production of projects.

#### Corporate Communications Artist

##### Deluxe Inc. 1985-1987

Designed and developed print materials, created graphics and layouts for top management's audio visual presentations.

### Sample Awards

Presentation Materials Crystal Award - IABC/Sacramento, Sacramento CA  
Print Media Ads/PSA's Crystal Award - IABC/Sacramento, Sacramento CA  
Marketing/Advertising Award of Excellence - Association of American Medical Schools, Washington D.C.  
Capitol Communicators Cappie Award - Sacramento Public Relations Association, Sacramento CA  
Volunteer of the Year, Creative Work - Sacramento Police Department, Sacramento CA

### Contact

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### Certifications/Studies

- 2019** Quantum Physics
- 2018** *Access Bars® Facilitator*  
Quantum Physics • Chinese Symmetry
- 2017** Metaphysical Anatomy • Elementals
- 2016** Recode Your DNA • Clearing Toxic Emotions  
Dawn Clark, Austin TX
- 2014 -** *Seer Mastery . Shaman Mastery*
- 2017** Hanakia Zedek, Minneapolis, MN
- 2013** *Intuitive Mentorship*  
Cyndi Dale, Minneapolis, MN
- 2012** *The Intuitive Apprenticeship*  
Cyndi Dale, Minneapolis, MN
- 2011** *Energy Worker Certification*  
Normandale Community College, Mpls., MN  
The Holistic Process  
The Tools of the Energy Trade  
Energy Anatomy: Channels, Fields, Centers  
Energy Healing & Work Practices  
  
Clairvoyance for Healing and Life Change  
Self Mastery Level 1, 2 & 3 • Feng Shui  
Normandale Community College, Mpls., MN
- 2010** Reiki Crystal Healing Training  
Peace Place, Sedona AZ  
  
Quantum Diamond, Manifesting and Healing  
Normandale Community College, Mpls., MN
- 2009** Reducing Workplace Stress  
Normandale Community College, Mpls., MN
- 2008** *Registered Karuna® Reiki Master*  
Sun Moon Yoga Studios, Mankato MN  
  
Science of Sound  
Normandale Community College, Mpls., MN
- 2003 -** Usui Reiki - Level I, II, ART, *Reiki Master*
- 2007** Sun Moon Yoga Studios, Mankato MN
- 2003** *Registered Hatha Yoga Teacher*  
Sun Moon Yoga Studios, Mankato MN
- 1990** Color Vibration & Theory  
Sacramento State, Sacramento CA
- 1981** Commercial Art  
Alexandria Tech. & Comm. College, Alexandria MN